

4171 Westport Road Louisville, KY 40207

# (502) 896-8868 www.eastlouisvillepediatrics.com

6112 Crestwood Station Crestwood, KY 40014

#### CONGRATULATIONS ON THE BIRTH OF YOUR BABY!

We would like to take this opportunity to thank you for choosing *East Louisville Pediatrics* as your baby's health care providers. We will work closely with you to help facilitate the best possible start to a healthy life for your baby, and help your parenting experience be a satisfying one. We would like for you to have the following information about our practice, and your discharge home from the hospital.

### **OUR DOCTORS AND PEDIATRIC NURSE PRACTITIONERS**

ROBERT BELZA, M.D., F.A.A.P.
MARKUS LANEY, M.D., F.A.A.P.
STEPHANIE LYNCH, M.D., F.A.A.P.
KARA SAMMONS, M.D., F.A.A.P.
JESSICA HOLLOMAN, M.D., F.A.A.P.
LACY OCHS, M.D., F.A.A.P.
MICHAEL BRICKEN, M.D., F.A.A.P.
MICHELLE MACDAVID, M.D., F.A.A.P.

CECILIA FINCH, A.P.R.N. NINA LEIGH, A.P.R.N.

KAYLA WEST, LPN PRACTICE ADMINISTRATOR KATHY FELDMAN SUPERVISOR

#### **OFFICE HOURS & PHONE NUMBERS**

MONDAY – FRIDAY 8:30 a.m. – 4:30 p.m.

\*(Both locations CLOSE daily from 12:00 –1:00 for lunch)

SATURDAY 8:30 a.m. – 12:00 p.m. \* (WESTPORT RD location ONLY)

(502) 896-8868

APPOINTMENT LINE: Opens daily at <u>7.30</u> a.m. MEDICAL ADVICE LINE: Opens daily at 8:00 a.m.

<u>One of our physicians is on call at all times!</u>

## **OFFICE VISITS**

Our office staff will call you before being discharged from the Hospital. At this time, we will schedule your baby's first office visit with us! This visit is known as his/her Hospital Follow Up exam.

You have scheduled your baby's Hospital Follow Up exam for:

	/	
at::	with	

Following the Hospital Follow Up exam, your baby's next regular Check Up will be at 1 month of age.

#### LAB TESTS

- 1. Metabolic Screening including PKU (Phenylketonuria), Galactosemia, Thyroid function and 26 other conditions is performed on all babies after they are 24 hours old. We will review the results of these tests at their one month visit. If any of these results are abnormal, we will notify you.
- 2. Jaundice: If your baby is jaundiced at discharge, you might be asked to return to the Outpatient Lab at the hospital for a follow up lab test.

#### **SAFE RIDE HOME**

Be sure your infant seat is installed properly, and your infant is safely secured for the first ride home. All other passengers should also be properly restrained. Your first few days and nights will be a time of adjustment for your baby as well as for you. Try to take it easy, limit visitors and overexhausting activities. Settle into your with the baby as calmly and confidently as possible. Babies are wonderful people! They need you to fall in love with them, and to learn how to recognize their cries for food, warmth and comfort. As the days pass, you will grow in your ability to recognize and meet their needs. We are available to answer any questions you may have!

\*(Helpful Hint: As questions arise, take a moment and jot them down! Then, you don't have to remember them all at once!)\*