

4171 Westport Road Louisville, KY 40207

6112 Crestwood Station Crestwood, KY 40014

### (502)896-8868

www.eastlouisvillepediatrics.com

### **CONGRATULATIONS ON THE BIRTH OF YOUR BABY!**

We would like to take this opportunity to thank you for choosing *East Louisville Pediatrics* as your baby's healthcare providers. We will work closely with you to help facilitate the best possible start to a healthy life for your baby and help your parenting experience be a satisfying one. We would like for you to have the following information about our practice and your discharge from the hospital:

## **PHYSICIANS/NURSE PRACTIONERS**

Stephen Church, M.D., F.A.A.P. Lawrence Jones, M.D., F.A.A.P. Robert Belza, M.D., F.A.A.P. Patricia Purcell, M.D., F.A.A.P. Markus Laney, M.D., F.A.A.P. Stephanie Lynch, M.D., F.A.A.P. Kara Sammons, M.D., F.A.A.P.

> Susan Buehner, A.P.R.N. Cecilia Finch, A.P.R.N. Blaire Adams, A.P.R.N.

Diane Myers, Practice Administrator Debbie Gallahue, Clinical Manager

# OFFICE HOURS/PHONE NUMBERS

Monday – Friday **8:30 A.M. – 4:30 P.M.** (closed for lunch daily 12:00 – 1:00) Saturday **8:30 A.M. – 12:00 P.M.** (Westport Road office only)

Appointment Line: Opens daily at **7:30 A.M.**Medical Advice Line: Opens daily at **8:30 A.M.**One of our physicians is on call at all times!
After Hours Emergency Line: 895-5249



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#### **OFFICE VISITS**

Our office staff will call you before you are discharged from the hospital. At this time, we will schedule your baby's first office visit with us. This visit is known as his/her Hospital Follow-Up Exam. Following this appointment your baby's next regular check-up will be at 1 month of age.

#### **LAB TESTS**

- 1. Expanded Newborn Screening is performed on all babies after they are 24 hours old. We will review the results of these tests at your baby's one month visit. If any of these results are abnormal, you will be notified.
- 2. Jaundice: If your baby is jaundiced on the day of discharge, you might be asked to return to the outpatient lab at the hospital for a follow up lab test.

# SAFE RIDE HOME/TRANSITION HOME

Be sure your infant seat is installed properly and your infant is safely secured for the first ride home. All other passengers should also be properly restrained. Your first few days and nights will be a time of adjustment for you and your baby. Try to take it easy, limit visitors and exhausting activities. Settle into your life with your baby as calmly and confidently as possible. Babies are wonderful people! They need you to fall in love with them and learn how to recognize their cries for food, warmth, and comfort. As the days pass, you will grow in your ability to recognize and meet their needs. We are available to answer any questions you may have!

Helpful Hint (for the hospital and beyond): As questions arise, take a moment to jot them down!

Then, you don't have to remember them all at once!